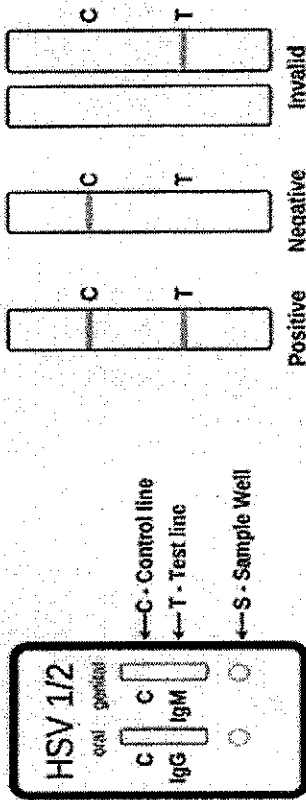


Interpretation of results

During the 15-minute waiting time 1, 2 or no coloured lines will appear in the oval compartment of the test cassette.



Positive (+) - Two coloured bands appear at "C" and "T". This confirms the presence of herpes. Please visit a doctor or licenced medical facility for further testing.

Negative (-) - Only one coloured band appears at "C". This confirms no presence of herpes. To confirm you are not infected with herpes, a second test is advised.

Invalid - No visible band at all, or there is a visible band only at "T", but not at "C". Repeat with a new test kit.

Do not use the self-test again. You can order new one on www.yourselftests.com

Product manufactured by:

Hangzhou Alltest Biotech Co., Ltd.

Product distributed by:

Lintor Ltd.

27 General Kiselov str.,

9000, Varna, Bulgaria

E: info@yourselftests.com

W: www.yourselftests.com

Herpes test

Oral / Genital

Safe and discreet testing at home

Instructions

Important: Before using the home test, read these instructions carefully.

Kit components provided:

- ❖ Individually packed test cassette
- ❖ Lancet for pricking your finger
- ❖ Alcohol pad
- ❖ Pipette
- ❖ Buffer

Note: Also needed for this test: A clock, alarm clock or stopwatch to keep an eye on the time.

We will be happy to help!

If you experience any difficulty or need any help,

please feel free to contact us at info@yourselftests.com

Oral/Genital herpes is a sexually transmitted infection (STI), which is caused by the virus herpes simplex. Herpes symptoms? You do not necessarily have any complaints, but you can still pass on the virus. Common symptoms include a burning or painful sensation, pain when urinating, itching and irritation around the genitals, red spots or sores on places that are hard to see, such as on the cervix or around the anus. Most people who are infected with HSV-1(Oral) or HSV-2(Genital) are asymptomatic or have very mild symptoms that go unnoticed or are mistaken for another skin disorder.

Important

- ❖ Before using the home test, read these instructions carefully.
- ❖ This test is for single use only. Therefore, it is very important that you read all the instructions and understand what you should do before you start the test. Perform all instructions accurately as described in the instructions. Not performing all steps properly can lead to an incorrect result.
- ❖ The kit should be stored at 2-30°C until the expiry date printed on the sealed pouch.
- ❖ The test cassette must remain in the sealed pouch until use.
- ❖ Not for internal use. Avoid contact between hands and eyes or nose when performing the test.
- ❖ Do not eat, drink or smoke in the vicinity of the test.
- ❖ The test should not be used after the expiration date, indicated on the package or when the packaging has been damaged or opened.
- ❖ Do not reuse tests.

Note: * If any symptoms persist, regardless of the outcome of the test, we advise you to contact your GP.

If you have any other questions, Don't be shy to email us @ info@yourselftests.com

Not following the instructions can lead to an incorrect result. Read all steps carefully.

Step 1 If you are doing the test now, open all packaging. Place all test materials on an available clean, flat surface.

Step 2 Wash your hands thoroughly with soap and warm water, rinse and dry them with a clean towel before pricking your finger. Sit down and try to relax for 5 minutes, while rubbing your hands. Your finger should not feel cold and must be callous-free. To be absolutely clean, before pricking your finger, use the provided alcohol pad.

Step 3 Take the needle and remove the protective cap.

Step 4 Place the hand from which you want to draw blood flat on the table, palm up. If you are left-handed, prick in the middle or ring finger on your left hand. If you are right-handed, do the same on your right hand. We advise you to prick on the side of the tip of your finger, on the side closest to your little finger..

Step 5 Place the needle at the finger and push it in order to prick the finger.

*** Do not experiment and try pushing the needle before you place it at the finger.**

Step 6 Wipe away the first bit of blood with the tissue. Next, let your arm hang down for 10 seconds to improve blood flow.

Step 7 Collect 2 drops of blood samples using the micro pipette , and place it into the sample well (S)

Step 8 Open the cap of the buffer and place about 2 drops of diluents liquid into the sample well (S) slowly. (Make sure the liquid touches the control line)

Step 9 Wipe away the excess blood on your finger with a tissue or paper towel and put a plaster on if needed.

You can read off the test results after 10-15 minutes (do not read off the results later) If any symptoms persist, regardless of the outcome of the test, we advise you to contact your GP.