

BLOOD SAMPLE COLLECTION

Sample collection instructions

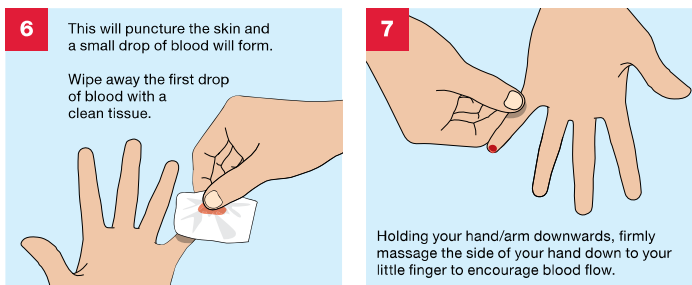
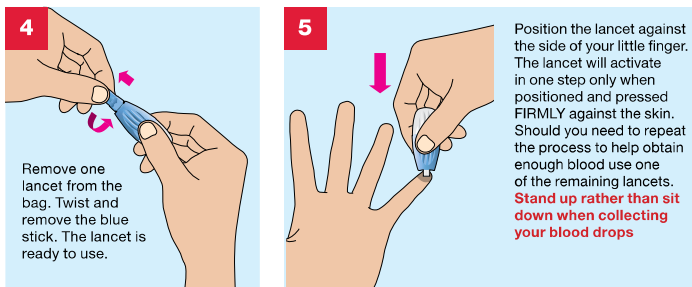
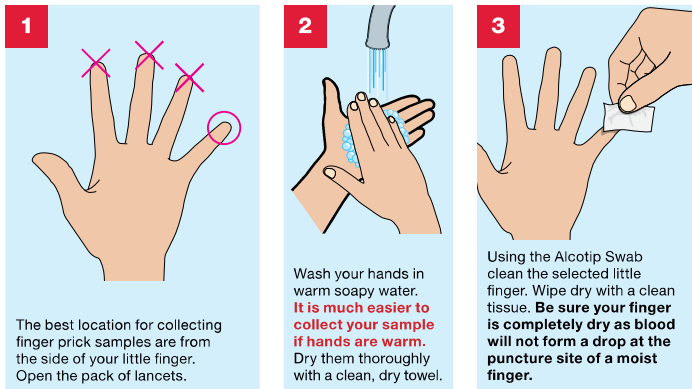
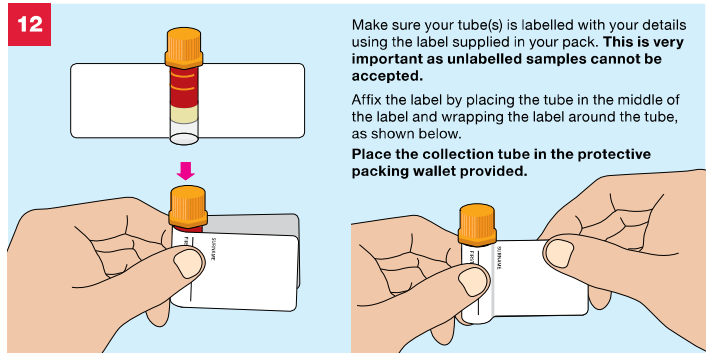
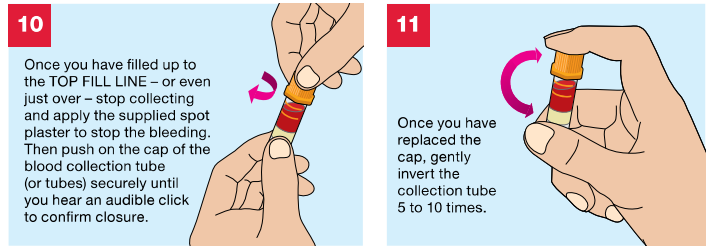
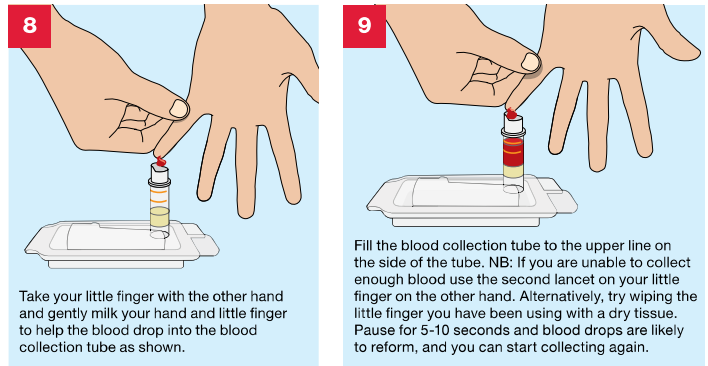
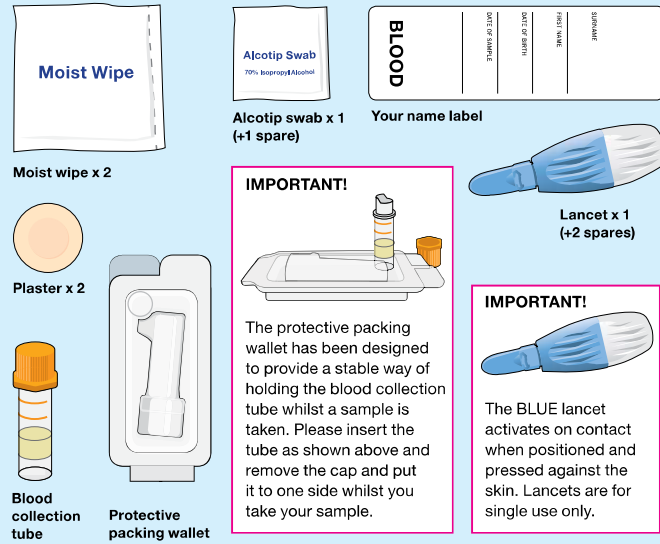
Please read these instructions first, slowly and carefully, the whole way through before attempting to collect your sample.

Clearly complete the Name Label using a ball point pen with:

- Your Surname • Your Date of Birth • Your First name • Date of Blood Collection

Do not affix the label to the blood collection tube until after collecting your sample. This is important as you will not be able to see how much blood you have collected if the label covers the sides of the tube. Sample self-collection is carried out at an individual's own risk.

Your sample collection pack contents



CHECKLIST

Before you return your samples please tick off the contents of the self-addressed post-paid mailer.

- ☐ Completed Request form
- ☐ Blood collection tube(s) in the protective packing wallet
- ☐ Used lancets
- ☐ Place all of the samples into the Test Kit Box

You are now ready to seal the self-addressed post-paid mailer.

Please post your samples to **The Doctors Laboratory** as soon as possible from **ANY** Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact on 0207 043 0716 or email customer@treated.com. If you wish to return your lancets please enclose with your sample.