

**PACKAGE LEAFLET:
INFORMATION FOR THE USER**

Mucodyne 375 mg Capsules, Hard

Carbocisteine

SANOFI 



**Is this leaflet hard to see or read?
Phone 0845 372 7101 for help**

Read all of this leaflet carefully before you start taking this medicine

- Keep this leaflet. You may need to read it again
- If you have any further questions, ask your doctor or pharmacist
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist

In this leaflet:

1. What Mucodyne Capsules are and what they are used for
2. Before you take Mucodyne Capsules
3. How to take Mucodyne Capsules
4. Possible side effects
5. How to store Mucodyne Capsules
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1. What Mucodyne Capsules are and what they are used for



Mucodyne 375mg Capsules, Hard (called Mucodyne Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Mucodyne Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

2. Before you take Mucodyne Capsules



Do not take this medicine and tell your doctor if:

- ✗ You are allergic (hypersensitive) to carbocisteine or any of the other ingredients of Mucodyne Capsules (listed in Section 6 below)
Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- ✗ You have an ulcer in your stomach or gut

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Mucodyne Capsules.

Pregnancy and breast-feeding

Talk to your doctor before taking this medicine if:

- You are pregnant, might become pregnant or think you may be pregnant. This medicine should not be taken during the first three months of your pregnancy

- You are breast-feeding or planning to breast-feed

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

Important information about some of the ingredients of Mucodyne Capsules
Mucodyne Capsules contain:

- **Lactose.** This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Mucodyne Capsules.
- **Sunset yellow (E110):** May cause allergic reactions. Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue

3. How to take Mucodyne Capsules

Always take Mucodyne Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

How much to take

Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

Turn
Over

Children

- Mucodyne Capsules are not recommended for children. A syrup form of this medicine called 'Mucodyne Paediatric 125mg/5ml Syrup' is available for use in children

If you take more Mucodyne Capsules than you should

If you take more Mucodyne Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Mucodyne Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take Mucodyne Capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.



If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Mucodyne Capsules can cause side effects, although not everybody gets them.

Stop taking Mucodyne Capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue

- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'

Tell a doctor straight away if you notice any of the following serious side effects:

- Blood in your vomit or black tarry stools

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Vomiting

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Mucodyne Capsules

Keep this medicine in a safe place where children cannot see or reach it.

Do not use Mucodyne Capsules after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Mucodyne Capsules contain

- Each gelatin capsule contains 375mg of the active substance, carbocisteine
- The other ingredients are magnesium stearate (E572), anhydrous colloidal silica (E551), lactose monohydrate, sodium lauryl sulfate, quinoline yellow (E104), sunset yellow (E110) and titanium dioxide (E171)

What Mucodyne Capsules look like and contents of the pack

Mucodyne Capsules are yellow and printed 'Mucodyne 375' in black. They are available in blister packs containing 6, 18, 30 or 120 capsules. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder
Sanofi, One Onslow Street, Guildford, Surrey, GU1 4YS, UK
Tel: 0845 372 7101

email:
uk-medicalinformation@sanofi.com

Manufacturer
FAMAR HEALTH CARE SERVICES
MADRID, S.A.U.,
Avda. Leganés, 62,
Alcorcón 28923 Madrid, Spain.

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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